



Glimpse

Central India
Province of Blessed Enrichetta

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We often admire the beauty of nature. We are wonderstruck at the majesty of the snow-capped mountains, the sun setting on the sea, the mesmerising waterfalls and the magnificent monuments around the world. The tendency to locate things worthy of wonder only in the nature around us can distract us from beholding the beauty flowing through us daily. Every second that our organs and bones sustain us is a miracle. To be able to marvel looking at the faces of our Sisters in our Communities and at the faces of those with whom we work with the same awe we have for the mountaintops, the setting sun, flowing rivers and the beautiful flowers will elevate our spirit as the real wonders are the little miracles that happen in our day to day living, in the ordinaries of our everyday life. Finding beauty in the ordinary is a deeper exercise than admiring the beauty of nature around us. May Christ who is born in the manger inspire us to look at one another in wonder and awe as we are created in His image and likeness.

Sr. Cicily Mathew
Provincial Superior

Spirituality

ADVENTUS

In this Advent Season, let us reflect on Isaiah 9:6 - "For unto us a child is born, unto us a Son is given". In preparing our hearts, let Proverbs 16:9 guide us - "In their hearts, humans plan their course, but the Lord establishes their steps". This time of anticipation is a reminder of purpose, found as expressed in Jeremiah 29:11 - "For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you hope and a future".

May our preparation lead to the ultimate joy described in Revelation 21:4 - "He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away". As we embark on this Advent journey, may the light of hope guide us, the promise of purpose sustain us, and the joy of salvation fill our hearts. Let us eagerly await the birth of Christ with anticipation and gratitude. May this season bring us moments of reflection, love, and the warmth of family and friends. May it illuminate our path toward the everlasting joy promised in the birth of our Saviour.

Wishing you a blessed Advent, filled with the peace that surpasses all understanding, and a joyous celebration of the true meaning of Christmas. Amen.

- Mr. John Jude Peters (LASA Unit, Bolarum)

The Road Less Travelled by Robert Frost has been an inspiration to many to take up Less Travelled Road as a way of life. The Disciples of Jesus filled with the Spirit of God went about doing good and thereby expanding their mission handed over to them by the Lord Jesus. The Road Less Travelled is enriched with various dimensions. In the care of Jesus, He taught the multitude and guided the struggling Disciples to get a good catch of fish. He fed five thousand men, besides women and children with five loaves and two fish. He also responded to individuals in need. e.g., Bartimaeus received his eyesight. The Gospels are full of examples where one took the less travelled road.

The less travelled road needs adaptation and change of pattern of life. It takes courage to engage an entire range of white-collared life to services of love and concern that would heal the lives of the poor as did Jesus and His followers. In our time of high-tech variety of findings, fascinating these developments are opportune launching pads for Religious to replace dates, rules, routine and rituals to bring about radical changes of

formation of life-style through faith, faith-driven life-style that interrelates and revolutionize and respond to urgent needs of many.

To go by the narrow way suggested by the Lord, we in our well-established Schools could have special classes for the poor and slow learners and children who come from slum areas. We can expose them to development in Arts and Science through filmstrips and outings to

widen their thought pattern. Finally, we can say that the Road Less Travelled is a narrow path for the courageous. (Source: Robert Frost's Poem, "The Road Less Travelled")

- Sr. Sylvia D'Souza

Community

Spiritual Renewal Programme: Crystal Jubilee

We the Crystal Jubilarians (2008 batch) from the five Indian Provinces are immensely thankful to God who has a beautiful plan for our lives and who has been sustaining our journey during these fifteen years. We gathered at the Jesuit Retreat Centre, Satyodayam, Tarnaka, to renew our commitment to the Lord, rebuild our strength, regain our balance, revive our energy, refresh our minds, and rekindle our souls. Fr. Anil Pudota SJ. was our mentor during our spiritual renewal program. He began the session, by explaining to us the purpose of our religious renewal, which essentially consists of our need to reconnect, restore, and renew our lives in Christ. As spiritual renewal involves rejuvenating and revitalizing one's spiritual life, the Priest led us during these seven days (October 23rd to 29th) through the process of introspection of life. In this



process, we had a deeper connection with ourselves and with God to make our lives meaningful through our relationship with others and nature.

A Spiritual Journey to our Roots:

The sacred stories of our Congregation in the past - of our Sister predecessors/ structures/ places with historical prominence paved the way for our pilgrimage that will remain a permanent mark of inspiration. We

visited places like - our Mother House and St. Mary's Basilica at Secunderabad, our Four Houses at Bolarum, the Home for the Disabled at Bansilalpet, and the sacred ground where the mortal remains of our holy Sisters were laid, at Mettuguda, and the Shrine of Our Lady of Grace, Aliabad.

This opportunity as 'Pilgrims of Hope', helped us to be rooted in our origins and experience the mystery of our mission initiated in our Mother Province. The last two days (October 30th and 31st) were set apart to be pilgrims to discover God's footprints in the footsteps of our Pioneer Sisters. It was a journey with a mixture of emotions and doubled our hearts with joy. This Crystal experience ended with a prayer service and a meaningful Eucharistic celebration inspiring us to



journey with Jesus in the Boat of our life.

In gratitude for these fifteen years of blessings that God has intended for us in our life's journey, we praise God in the words of St. Paul from Ephesians 1:3:4 - "Praise be to the God and Father of our Lord Jesus Christ who has blessed us in the heavenly realms with every spiritual blessing in Christ".

- Crystal Jubilarians (Batch 2008)

Juniors and Young Sisters' Day

It was a memorable day for all the Junior and Young Sisters of the Province as we celebrated Juniors' Day on the 13th of October, 2023, at St. Ann's Home, Bolarum. Our celebration began with a prayer service conducted

by Sr. Aleyamma Joseph on our annual theme, "Put on the mind of Christ" which stirred our hearts and minds to reflect and to introspect ourselves.

The awaited day began with a Holy Eucharist celebrated by Fr. Vijay SJ; in his sermon, he spoke about how we must seek to imitate the attitude and behaviour of Christ; it is only possible when we submit ourselves to Christ and walk within love.

Our first programme of the day started with an ice-breaking moment where we appreciated each other by telling aloud their goodness and qualities. Our programme moved forward with a debate on, "Is a Sister of St. Ann, a witnessing presence today?" voiced out by the Young Sisters who were divided into two teams. This was followed by a Quiz, a Creative

Presentation of virtues from the life of Blessed Mother Enrichetta and Games.

In the afternoon session, we were divided into three groups and were asked to put up a short cultural programme on the spot. We got into our respective groups, discussed and presented three items on the following themes - The Synodal Life, The Community Living and The International Year of Millets, 2023. On the whole, it was a rich experience for each one of us as we participated in the programme with an open mind and heart.

- Sr. Theresa Stephen Joseph

Vocation Camps

Sisters Vinoda, Celestine N., Jyothi Komera, Salamma and Radhika visited the two substations of Sujathanagar Parish, the remotest villages in Khammam District from 16th to 22nd October, 2023. The Sisters taught children catechism and action songs. The last two days they visited the houses of Catholics and Hindus and prayed for their intentions. It



was a stimulating experience, to share Christ with strangers. They voiced that our presence amidst them was a blessing and longed to share their struggles. It was our pleasure to spend our Dusshera vacation with people and evangelise them.

- Sr. Mary (Vinoda) Kamalla



Srs. Sujatha Beemala and Mary Bandaru had gone for a vocation camp to Uppaladadia Parish, Kurnool Diocese from 14th to 18th of October, 2023. They took part actively in the Night vigil rendering their services wherever needed. There were a good number of the faithful came over there from all the nine substations. It began with a procession. It was a time of shared beliefs and experiences that kept them united. Through charismatic preaching, the people once again energized their spiritual lives. They visited families,

prayed the Rosary, listened to their sharing, and taught children value-based lessons. Through our intervention with the parents and the girls, we came across five girls who expressed their desire to join; however, they need to be motivated and followed up.

The Parish Priest was so supportive and encouraging that he was very happy and thankful for our service in his Parish. We requested father that we would conduct a vocation camp during the Sankranti holidays to which he agreed. He too requested us to help him in preparing



the children for the First Holy Communion and Confirmation in the summer holidays. We are ever grateful to God for it was through His grace and guidance we were motivated and led to reach out to

We were fortunate to spend four days with the families and carry out vocation promotion at Vaikuntapuram, Guntur District. The village was surrounded by huge mountains and the river Krishna is the source of tranquility and inspiration, inviting us to appreciate the wonders of God's creation. "Blood makes us related but Love makes us family", it was such a joy for us to stay with an elderly couple Mr. Amrutha Rao and Mrs. Sarojini (Sr. Jyothi Mandapati's grandparents) who took care of our every need just like Abraham and Sarah. We felt as if we were in our own families. Their love, faith in God, and hospitality kept us active and happy in all that we carried out.



many people. We felt that it was worth going and there was a good and positive response from the faithful.

- Sr. Sujatha Beemala

Isaiah 55:8-9 says, 'My plans aren't your plans, nor are your ways my ways, says the LORD'. At times we tend to question ourselves, what can I do, am I able to speak and interact? Throughout our stay in Vaikuntapuram God revealed to us, it's not we who are going to be there; it's all His Plan and Will. We were merely to rely on Him and follow His lead. We visited the families in four villages, conducted prayer services, youth programme and catechism classes, etc. This visit enabled us to relive our vocation, which impulsively helped us to interact with the youth joyfully to implant in them the desire to follow Christ through our Congregation.

- Sr. Swathi Markapudi



MISSION EXPOSURE PROGRAMME

We, the second-year Novices (CI, SI and EI) were privileged to be in the Home for the Disabled at Bansilapet, for our mission exposure programme from 16th to 30th October. We were welcomed warmly by our Sisters and the inmates. In the beginning, though we were a bit frightened, soon we felt at home. They are indeed 'differently abled' but 'not disabled'. At times it made us feel sad to see them struggling in different ways but what made us uplifted is that even in their deformities, they loved, cared and helped one another.

We were guided by our Sisters to serve the food and distribute medicines. We were in different sections accompanied by a Sister. We spent our time being with them, listening, talking, playing, dancing, singing and

Life experience is important and it's the best way to learn. This is because when we experience something first-hand, we get direct and practical knowledge about it, rather than just reading or hearing from others. This came true to us, the Inter-Province Postulants (CI, NI, SI and EI) as we had the privilege to have an exposure programme for fifteen days from 15th to 29th October in the Diocese of Khammam at Duddupudi Village.

participating in all the activities of the Home. We felt one with them. We were happy in their company. Their genuine smiles and innocent talks made us realize the love of God for each one. We could experience God's protecting presence among them. Their life made us realize how blessed we are and yet how ungrateful we become for all that God has blessed us with. They taught us to be grateful, to be cheerful, to love and forgive, to care and share. It was an enriching experience that moved our hearts to have a special love for the poor and never slip the chance to serve the less privileged.

- Inter-Province Second Year Novices, Bolarum

During these fifteen days, we were exposed to different realities of the families, of the village and of the individual persons. Having been exposed to these realities we have learnt to be grateful to God and have an attitude of gratitude, be contented with whatever we have, adjust ourselves in any situation, use water carefully, never forget one's own background, treat everyone equally, have faith and hope in God, persevere

in our vocation, pray for the suffering humanity, eat with love whatever is set before us and make best use of all the opportunities that are granted to us for our spiritual and personal growth.

- Inter-Province Postulants, Mallapur

Apostolate

A Radiant and Cheerful Yellow Day!

Yellow is the colour of vibrancy, joy and happiness. Based on the theme of 'A Radiant and Cheerful Yellow Day!' the students of the Pre-Primary section of St. Ann's High School, Petbasheerabad, celebrated a spectacular yellow colour day on the 4th October, 2023.

It was truly a delightful and colourful event which was not only entertaining but also educative for the young learners. The rhymes related to the colour yellow included flowers, vegetables, fruits, emojis, food items, garments, cartoons, shapes, animals, etc. captured the imagination and attention of the young ones and

created a memorable and enriching experience for them.

Their performances were not only adorable but also showcased their growth and development under the able guidance of their teachers. The success of this event would not have been possible without the support and co-operation of the parents along with the dedicated efforts put in by their teachers.

It was an incredible learning experience which had a wonderful impact on each of the students.

- St. Ann's High School (CISCE), Petbasheerabad



Navigating the Digital Frontier

A Seminar on Navigating the Digital Frontier was conducted for all those who are in the Educative Ministry on the 14th of October at St. Ann's Convent, Secunderabad. Br. Bala Showry, a Montfort Brother, was the resource person. He posed a few questions to the gathering, like - How should the people remember you? What impact have you made? What have you invested in people? When did you audit your last investment?

These queries led the Sisters into an in-depth introspection. He continued saying, that Religious Life is not only confined within the four walls of the Convent, but it is much more. He also emphasized the importance of speaking to people, smiling at them, calling them by name, being friendly and helpful, having a good sense of humour, etc.

He also spoke briefly about different generations like - Silent, born between (1928-1945), Boomers (1946-1964), Gen X (1965-1980), Millennials - Gen Y (1981-

1996), Gen Z (1997-2012), and Alpha (2013-2025). He stressed more that Generation Z is taking the world by storm and reshaping the very essence of leadership. We as Sister educators, should be equipped with the skills to understand and manage their emotions, empathize with and build meaningful relationships.

- Sr. Aruna Kumari Dasari



Silver Jubilee Celebration in College: A Memorable Milestone

The twenty-five years' journey has been one of faith, hope and loving service to generations of students in our city of Hyderabad. The corridors of the College rang with cheer and joy as all witnessed its Silver Jubilee Celebration with much gusto. Amid the bells of joy, one could hear the promise the College was making, to every student, to work towards ensuring a future that is brilliant and bright.

The beauty of the short history of our College is that of its achievements, which it owes to the management and stalwarts of St. Ann's Degree College for Women, Mallapur. The celebration of the 25 years of excellence, growth, and achievements, brought together Parents, Alumni, Faculty, Staff, and Students in a joyous and nostalgic atmosphere.

The celebration commenced in the presence of the esteemed guests, Prof. P. Laxminarayana, Registrar, Osmania University, the Chief Guest, Dr. Kirti Srivastava Retd. Chief Scientist, NGRI, Uppal, and Ms. Bhargavi, Radio Jockey, Radio Mirchi, Hyderabad, the Guests of Honour along with invited Dignitaries, Sisters of the Management, Staff, Annites and their Parents,

friends, and well-wishers. The Annite Choir left no stone unturned in bringing to life, prayerful verses and jubilant songs. The Students presented a beautiful enactment titled, "Virtues of St. Ann". This was followed by a family skit, "Home where the Heart is", indicating how these virtues are imbibed by Annites, which help them to make their family, a beautiful home of love. The subsequent skit was a spectacular depiction of how Annites, "Serve, Conserve and Preserve" Nature for a bright future. This was followed by a heart-touching skit of how St. Ann's College, empowers young women to face the challenges of society. The inspiring speeches and an enthralling report of the 25 silver years of journey of the College made the celebration more delightful.

The Souvenir that was released was the effort of many who worked to contribute content on the achievements of the College. The Souvenir also received a huge number of Advertisements sponsored by Student Groups, Parents, Family Members, Well-wishers, and Associates of Teaching Staff and Students.

- St. Ann's Degree College for Women, Mallapur

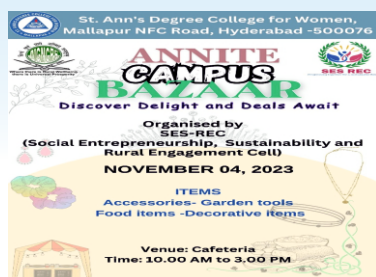


SESREC: Annite Campus Bazaar

SESREC (Social Entrepreneurship, Sustainability and Rural Engagement Cell) of St. Ann's College for Women, Mallapur, organized an "Annite Campus Bazaar" on 4th November 2023 in the College campus for the first time to mark the Silver Jubilee Celebration of the College. The main objective of this event was to train students to apply their entrepreneurship skills by

offering an opportunity for hands-on experience by setting up stalls of their interests. It was also aimed to encourage self-employment culture among the student community for setting up their start-ups in future. Students from different streams took the initiative to participate in this event and were eager to learn the skills of investing, buying, selling, and profit-making.





Around 30 stalls of decorative items, food items, accessories and garden tools were set up.

The College provided a platform for student entrepreneurs to work on innovative ideas and exhibit different products. The Annite Campus Bazaar saw a footfall of about 500 students who found delight in going around each stall and purchasing items of their choice. Thus, the event was a great success.

- St. Ann's Degree and PG College for Women, Mallapur

Exhibition: An Exploratory Journey from Theory to Practice

On Saturday the 18th of November 2023 an Exhibition, titled "An Exploratory Journey from Theory to Practice" was held at St. Ann's High School, Petbasheerabad to foster a scientific temperament among the students. It was a captivating journey, seamlessly bridging the gap between theory and practice and involving students from Grades I to XII. There was a total of 90 exhibits in all where the students actively engaged in hands-on experiments fostering a deeper understanding of scientific principles. The visitors had the opportunity to witness the working of hydraulic lifts, thermal, hydro, and nuclear power plants, acid rain reproductive septum, human anatomy, crystallization, electroplating etc. Subjects like Physics, Chemistry, Biology, English,

Geography and Environmental Science came alive from the textbooks and the wonders of nature around us were also presented in a simple yet scientific manner. The students, along with their teachers, explored real-world challenges and came out with innovative solutions. The anti-sleep glasses, the platform barriers, the accident-proof helmet etc., were proof of the student's commitment towards ensuring a safe living environment for all. The exhibition was yet another step taken by the institution to reiterate its commitment towards grooming our students to become responsible and environmentally conscious citizens of tomorrow.

- St. Ann's High School (CISCE), Petbasheerabad

The Joy of Learning

A workshop cum seminar for the teachers of Kindergarten and Grade 1, was organised at St. Ann's High School, Petbasheerabad, on 18th November 2023. Mrs. Sonal Ravi Andrews, Director and Founder of Preschool Teachers Training Academy and an Early Childhood Educator and Trainer, was the Chief Resource person of the day. Mrs. Sonal conducted the session with great zeal and enthusiasm and infused life into the workshop with her amazing sense of storytelling and was witty, charming and energetic throughout the session. The theme of the seminar was "The Joy of Learning and Early Childhood Education" with the main focus on the holistic development of

children, involving social, physical, intellectual, psychological, spiritual and emotional well-being. The main aim of the workshop was to empower teachers to be more compassionate based on the motto, "Teachers who love teaching, teach children who love learning". She expressed the need to ensure a dynamic learning environment and at the same time pay attention to every child. The main objective was to make the classroom a fun learning place which was interesting and creative as well. A lot of stress was laid on the need to implement activity-based learning. It was a truly enriching experience for the teachers.

- St. Ann's High School (CISCE), Petbasheerabad



Care for our Common Home: Mother Earth

On 17th September, 2023, the LASA family of St. Ann Unit, Mallapur, gathered in the Convent Chapel at 6.30 p.m. for a prayer service based on the theme, 'Season of Creation', praising the Creator for the gift of His wondrous and marvellous handy work of creation. After the prayer service, saplings were distributed to the LASA Members who were present.

In response to the invitation to save 'Mother Earth - the Common Home' by His Holiness Pope Francis on 2nd October, the LASA Members were invited to plant a few saplings mainly herbal plants in the LASA Garden which is prepared for this special occasion.

- LASA (St. Ann Unit, Mallapur)



Sr. Leonie Varghese

29th December 2023



Deceased Sister & Family Members

Sr. Pratima Nayak's Brother-Mr. Prashanth Nayak
Sr. Jyothi Gabbur's Mother-Mrs. Mariamma
Sr. Maria Benita Anto's Mother-Mrs. Mary Anto
Sr. Lilly Braggs' Brother-Mr. Cyril Braggs
Sr. Anna Regi Jose's Mother-Mrs. Brigit Jose
Sr. Marilyn Pinto's Nephew-Mr. Stanley Fernandes
Sr. Aruna Kumari Dasari's Father-Mr. Lukas Dasari
Sr. Evelyn Sequeira's Sister-Mrs. Vinni